



Summer Camp Requirements

1. Children MUST be able to use the bathroom by themselves to attend camp.
2. Campers will be asked to bring their own water bottles and lunch. Water fountains are only to be used for refilling bottles.
3. Siblings in the same age group must register for the same camp (i.e., they both must participate in either Gymnastics or Parkour).
4. All fees must be paid in full on-line prior to the first day of camp.
5. If a child shows indications of illness (fever, coughing, runny nose, etc.), they must wait outside with a staff member for a parent to pick them up. Parents must be reachable during the day and available for a pick-up is necessary.
6. County guidelines require that children not attend more than one camp during a three-week session. This includes sports programs and other activities according to [Marin County's Summer Camp and Youth Activities Guidelines](#).

Health and Safety Protocols

1. Camp capacity will be limited to 12 campers per camp for each three-week session.
2. Campers will not be allowed to change from one camp group to another.

3. Gymnastics Camp and Parkour Camp will each run in their respective rooms and not share any spaces.
4. Staff members will remain solely with one group of children for each session of camp.
5. Pick up and drop off will be staggered to allow for proper distancing.
6. Parents will be asked to avoid carpooling with people outside of their household.
7. 6-foot physical distancing will be maintained as much as possible.
8. Every camper's temperature will be taken at the beginning of each camp day. Children will not be allowed to attend camp with a temperature of over 100 degrees, or other indications of illness (such as coughing, runny nose, etc.). Refunds will not be offered due to illness.
9. Children will be expected to arrive wearing a mask and asked to wear it during select activities throughout the day (such as using the bathroom and transitioning to and from lunch and rest breaks). Parents must speak to the camp manager prior to camp if their child cannot reliably wear, remove, and handle a mask. Campers will be reminded not to touch their faces.
10. Upon entering the gym, a staff member will accompany the camper to the bathroom and will wipe down doorknobs and bathroom handles before and after bathroom use. Campers will be instructed to wash their hands for 20 seconds.
11. Hand sanitizer will be readily available for use throughout the camp day.
12. No hands-on spotting will be allowed during camp. Progressions will be used to teach movements.
13. Parkour camp will use outside areas around the Cave facility when it is possible and safe to do so.

14. All doors (including roll-up doors) will remain open whenever possible.
15. Adults (staff, clients, or parents) who are not working with campers will not be allowed to observe or pass through the Parkour rooms or Gymnastics floor during camp hours.
16. Staff members will be required to have their temperatures checked and wash their hands upon entering the gym, and will wear a mask at all times when working with children.
17. Staff members will be trained in new health and safety protocols which will be posted throughout the gym. Staff members will be reminded not to touch their masks and to wash their hands frequently. Information will be provided to all staff members on proper use, removal, and washing of cloth face coverings.
18. All equipment (including bathrooms) will be sanitized at the beginning and end of each camp day. Additional cleaning of shared equipment will occur during lunch time and between use by staff members as often as possible.